

ERAMOSA PASTORAL CHARGE
SPEEDSIDE and BARRIE HILL UNITED CHURCHES

Friday, August 14, 2020

Community Announcements

**Our aim for this weekly email will be to bring about a sense of community, positivity and light during a very challenging time in our world.*

As most of you are aware, both of our church buildings, Barrie Hill and Speedside, have been temporarily closed and all worship, events and public gatherings have been suspended. Please enjoy this small piece of the congregation we are bringing to you during this period of social distancing.

Minister:

Rev. Lynn Hamilton B.A., M. Div.
519-829-9024
revlynnhamilton@gmail.com

Children and Youth Ministry

Co-ordinator:

Bethany Parkinson
519-821-6954
bethanyparkinson@gmail.com

Music Direction:

Speedside: Alyson Arsenault
Barrie Hill: Mary Meads
barriehillmusic@gmail.com

Eramosa Pastoral Charge Office:

5702 Rd. 29, RR #5 Rockwood, ON
N0B 2K0
519-763-0299
eramosapc@gmail.com
www.eramosapc.com
www.facebook.com/barriehillunited

Remote Office Hours:

Tuesdays & Thursdays
9:00 a.m. – 12:00 p.m.

Please **submit bulletin announcements** to the EPC Office **by Thursday evening.**

If you know of anyone who would benefit from receiving the community announcements by email please contact the church office.

MISSION STATEMENT

Arising from a deeply rooted faith in God, known to us through Jesus Christ and the Holy Spirit, we, the people of Eramosa Pastoral Charge, celebrate that we are a Christian community striving to share our faith, friendship, fun, music and other talents. We do this through our unique rural approach to worship, Christian education, stewardship and pastoral care.

**Welcome to Eramosa Pastoral Charge's Weekly Community
Announcements**

ERAMOSAPASTORAL CHARGE

Welcome Back Rev. Lynn!

**We are so happy to have Rev. Lynn back from her medical leave and
resuming her regular office hours this week!**

Our United Church website lists all the churches in Canada doing virtual services in the summer. Check out the UCC site here:

<https://edgeucc.maps.arcgis.com/apps/opstdashboard/index.html#/00d5083bcaff4120863a8badb2d0928a>

Paul Knierim presents an inspiring message with scriptures every Sunday and can be found at our:

Facebook page at [facebook.com/barriehillunited](https://www.facebook.com/barriehillunited)

website at www.eramosapc.com/onlineworship

The Speedside session met to discuss re-opening of the church. A target date for re-opening has been tentatively set for **Sunday, September 13, 2020**. We felt this would give us enough time to prepare, as well as respond to any changes in government guidelines that may occur in the meantime. If necessary, the date will be changed. Our goal is to keep the church a safe place for everyone, and we will take the time to do this right so people feel comfortable returning.

Our church and services will be different when we re-open. The United Church of Canada has published guidelines for re-opening and we will be following them. Decisions have not been made around each point, but here's a list of changes we have to consider:

- Thorough cleaning
- Music and singing
- Social distancing
- Use of hand sanitizer and masks
- Contact tracing
- Offering**
- Greetings and close of service
- Communion
- Special events and use of space

More information will be provided as we get closer to re-opening.

Please contact your Elder if you have any questions.

Glenda Rose
Clerk of Session

**** Offering** — If you're not already on PAR, please consider this option for your offering. The form to start (or change) PAR is on the UCC website, or contact me (519-843-3425 or glenda.rose010@sympatico.ca)

Barrie Hill members: To continue regular offerings please mail cheque (no cash) to Brenda Auger,
7847 Mill Road, Guelph
N1H6J1

PAR (Pre Authorized Remittance): If interested in considering PAR as another method of giving contact Brenda Auger 519-830-0496 or mbauger1950@gmail.com

Speedside members: The expenses of the church continue, even though the building is closed. If you've been wondering how to continue your regular offerings, please consider doing one of the following:

1. PAR (pre-authorized remittance) - If you're already on PAR, your monthly givings will continue. If you're not on PAR, please consider using this method of giving. If you're interested, email Glenda Rose at glenda.rose010@sympatico.ca or phone at 519-843-3425.
2. Mail your cheque (no cash) to Rhonda Hattle, 7912 Mill Rd, Guelph N1H 6J1
3. Drop off your cheque at Speedside, and leave it in Rhonda's mail box.
4. Mail your cheque to Speedside: 5903 Wellington Rd 29, Rockwood NOB 2K0.

Note: the mailbox is checked regularly.

In celebration of Speedside church's 175th, Janet Scott & Sue Weir are hoping to put together a scrapbook.

They are looking to gather photos/memorabilia/church activities throughout 1845-2020.

If you would like to scan the items please let them know, then they will keep them.

They are prepared to scan your items & return them to you.

Please identify your photo/memorabilia by name, date, and put them in a zip lock bag to contain everything. Also, include how to contact you via text, e-mail, phone #.

You could drop them off at the church, Janet's house, or Sue's mailbox. Please let them know so they can be picked up in a timely manner

*According to our Regional Prayer Cycle for Western Ontario Waterways:
Mitchell: Main Street*

Minutes for Mission

LGBTQIA and Two-Spirit Youth

Larry Chang Centre, Jamaica

In Jamaica, the Larry Chang Centre provides housing, health supports, access to education and skills training, and help with obtaining documentation and ID to LGBTQIA and Two-Spirit young adults who would otherwise be homeless.

COMMUNITY NEWS

Barrie Hill UCW Cold Plate Drive-Thru, August 26:

A home-made cold plate dinner of ham, potato salad, coleslaw, devilled eggs, bun with butter, and homemade chocolate chip cookies.

The cost is **\$15** per meal. Please email Susan by **Friday, August 21** at susandunlop24@gmail.com to place your order. We're only making 100 meals!

Date: Wednesday August 26, 4:30-6pm at Barrie Hill.

*Please bring exact money (or cheque) in an envelope.
UCW will bring the meals to your car window (we will wear masks and gloves).*

If anyone is unable to get out shopping due to quarantine or self isolation, please let us know by email or a phone call. We have volunteers willing to shop for you and safely deliver with social distancing. Email or call the office if this is something you would like help with, or if you would be willing to volunteer for this



Exercise During the Pandemic

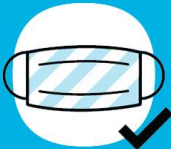
Regular exercise is important to your overall health, both physical and mental. It may seem difficult, though, when we're being asked to stay home as much as possible. Now that the weather is improving, it's easier to get out for daily walks.

Eldergym, found on Google or Facebook, is an excellent site, with regular live feeds. These are gentle exercises, many done seated, using little or no equipment. The exercises are targeted to seniors but they're great for everyone looking to build or improve strength and improve flexibility and balance.

-Glenda Rose, Group Fitness Instructor, Older Adults (certified with CanFit Pro)

Wear a face covering when physical distancing is a challenge

Do:



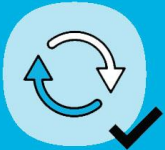
Wear a non-medical face covering like a cloth mask



Wash your hands before putting it on and immediately after taking it off



Make sure it fits well and covers your nose and mouth



Change the face covering when it gets slightly wet or dirty



Wash your cloth mask in hot water with detergent after each use



Dispose of single-use face coverings into a lined garbage bin and wash your hands

